



c/o The P.E.E.R. Center
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A committee of directors and staff of Peer Recovery Organizations in the state of Ohio worked together to formulate the following suggested COVID-19 practices specific to our unique service and support context. These suggestions should be viewed as recommendations only. It is our hope that these will be a helpful guide as each organization formulates its own safety practices.

Covid-19 Guidance Document for Ohio Peer Recovery Organizations

- ❖ Frequent communication with participants on business practices that may change and develop as updated COVID-19 response guidance is received
- ❖ Create a staging area for temperature / symptom checks / mask distribution / washing or sanitizing of hands. Staging area could also be in a tent outside of the facility
- ❖ Staff and participants will abide by temperature checks, screening and be required to wash / sanitize hands upon entering and exiting the facility.
- ❖ Anyone, staff or participants should be sent home, or disallowed entry if they have symptoms. Fevers above 99 are indicative of illness. Persons with fevers or displaying symptoms (fever, coughing or trouble breathing) should be directed to medical care. Follow local guidance for connecting person with testing site and / or medical care.
- ❖ Requiring masks and/or having masks available for those who need them
- ❖ Have sufficient disposable masks on hand for staff and participants, and to provide for those who do not have them

- ❖ Seek verbal confirmation that people have not travelled outside of the state or country in the last month.
- ❖ No food consumption on property (take home meals)
- ❖ Limited amount of persons allowed in center (current guidance is 10 persons)
- ❖ Utilizing Virtual Sessions when possible
- ❖ Maintain safe physical distancing:
 - Lobby
 - Socialization areas
 - Individual and group sessions
 - Elevators, one person at a time or more if size allows for 6ft distance
 - Smoking areas (if permitted)
- ❖ Recommend that people be seated at all times in designated areas except for getting food / supplies / or to attend to personal needs
- ❖ Limit number of persons allowed in center (current Ohio guidance is 10 persons)
- ❖ Limit hours of operation (ex: 10am-12:30pm / open Monday-Thursday, closed Friday etc.)
- ❖ Consider scheduled days or appointments for Participants (incorporate new members as appropriate)
- ❖ Consider no food consumption on property (take home meals only)
- ❖ Utilize Virtual Sessions when possible and as needed
- ❖ Utilize Telehealth (telesupport) practices for members who are off-site (peer support/wellness checks)
- ❖ Consider limited office hours for staff whose duties allow them to continue working remotely
- ❖ Consider transportation for participants ONLY if distancing can be maintained, with masks worn always
- ❖ Allow for peer recovery supporter follow-up of participants sent home when ill. Assure linkage to COVID-19 testing facility in accordance with local guidance.

- ❖ If possible, allow for one way in (ingress) one way out (egress) of facility.
- ❖ Daily, frequent cleaning and disinfecting of surfaces throughout the day, including workspaces, bathrooms, common areas and shared electronic equipment. Deep cleaning and sanitizing at end of day (consider one day each week for “deep cleaning”)



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Helpful Links

DOL has provided Q&As on many of the laws requirements and how it could be applied to specific scenarios. As questions arise, this is a very helpful resource: <https://www.dol.gov/agencies/whd/pandemic/ffcra-questions>.

[Families First Coronavirus Response Act: Questions and Answers | U.S. Department of Labor](#)

As provided under the legislation, the U.S. Department of Labor will be issuing implementing regulations. Additionally, as warranted, the Department will continue to provide compliance assistance to employers and employees on their responsibilities and rights under the FFCRA.

www.dol.gov

<https://coronavirus.ohio.gov/wps/portal/gov/covid-19/checklists/english-checklists/adult-day-support-and-vocational-services-covid-19-checklist>

[Adult Day Support and Vocational Services COVID-19 Checklist](#)

Information on adult day support and vocational habilitation services

coronavirus.ohio.gov

<https://coronavirus.ohio.gov/wps/portal/gov/covid-19/checklists/english-checklists/businesses-employers-covid-19-checklist>

[Businesses/Employers - COVID-19 Checklist](#)

COVID-19 Information and Checklist for Businesses/Employers. Protecting Against COVID-19. Ohio agencies and officials have implemented several policies to help businesses negatively impacted by the COVID-19 epidemic.

coronavirus.ohio.gov

<https://coronavirus.ohio.gov/wps/portal/gov/covid-19/checklists/english-checklists/cleaning-disinfecting-alternatives-covid-19-checklist>

[Cleaning and Disinfecting Alternatives - COVID-19 Checklist](#)

COVID-19 Cleaning and Disinfecting Alternatives. Top 5 Ways To Disinfect When Everyday Supplies Run Out. Ohio Department of Health Director Amy Acton, M.D., MPH, offers the following suggestions for preventive cleaning against COVID-19 if everyday supplies, such as cleaning wipes or cleaning sprays, run out:

coronavirus.ohio.gov

<https://coronavirus.ohio.gov/wps/portal/gov/covid-19/checklists/english-checklists/cloth-face-coverings-covid-19-checklist>

[Cloth Face Coverings \(Masks\) COVID-19 Checklist](#)

Make cloth face coverings from household items or common materials. Use multiple layers of a fabric that does not damage or lose shape when laundered or machine dried. Support small businesses selling fabric masks at a reasonable price, but watch out for scammers offering high-priced or so-called superior masks.

coronavirus.ohio.gov

<https://coronavirus.ohio.gov/wps/portal/gov/covid-19/checklists/english-checklists/community-and-faith-based-organizations-covid-19-checklist>

[Community and Faith-based organizations - COVID-19 Checklist](#)

If you or a loved one are experiencing anxiety related to the coronavirus pandemic, help is available. Call the Disaster Distress Helpline at 1-800-985-5990 (1-800-846-8517 TTY); connect with a trained counselor through the Ohio Crisis Text Line by texting the keyword "4HOPE" to 741 741; or call the Ohio Department of Mental Health and Addiction Services help line at 1-877-275-6364 to find ...

coronavirus.ohio.gov

[Cloth Face Coverings \(Masks\) COVID-19 Checklist](#)

Make cloth face coverings from household items or common materials. Use multiple layers of a fabric that does not damage or lose shape when laundered or machine dried. Support small businesses selling fabric masks at a reasonable price, but watch out for scammers offering high-priced or so-called superior masks.

coronavirus.ohio.gov

<https://coronavirus.ohio.gov/wps/portal/gov/covid-19/checklists/english-checklists/community-and-faith-based-organizations-covid-19-checklist>

<https://coronavirus.ohio.gov/wps/portal/gov/covid-19/checklists/english-checklists/managing-anxiety-returning-to-work-covid-19-checklist>

[Managing Anxiety Around COVID-19 - Returning-to-Work COVID-19 Checklist](#)

COVID-19 Checklist for Returning to Work. Managing Anxiety Around COVID-19. With many Ohioans now returning to work, there may be a lot of people feeling anxiety about possibly being exposed to COVID-19 or even returning to their old routine after months of upturn.

coronavirus.ohio.gov



<https://coronavirus.ohio.gov/wps/portal/gov/covid-19/checklists/english-checklists/mass-transit-other-transportation-providers-covid-19-checklist>

[Mass Transit and Other Transportation Providers - COVID-19 Checklist](#)

Top 5 Things You Can Do to Protect Against COVID-19

coronavirus.ohio.gov

<https://coronavirus.ohio.gov/wps/portal/gov/covid-19/checklists/english-checklists/potentially-exposed-essential-workers-covid-19-checklist>

[Potentially Exposed Essential Workers COVID-19 Checklist](#)

